

# St Albans Diving Club Championships 2009

Westminster Lodge

St Albans

11 December 2009



## Detailed Results

4.6.2.0

| Dive  | Height             | DD | J1  | J2  | J3  | J4  | J5  | J6  | J7 | Total | Points | Score | Pen |
|---|--------------------|----|-----|-----|-----|-----|-----|-----|----|-------|--------|-------|-----|
| <b>Novice Girls Champion</b>                        |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| <b>1 Sophie RACKHAM -- St Albans Diving Club</b>    |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 3  | 1.4 | 6.5 | 6.5 | 6.0 | 7.5 | 7.0 |    | 20.0  | 28.00  | 28.00 |     |
| 201C  | Back Dive          | 1  | 1.5 | 7.0 | 7.5 | 7.0 | 8.5 | 7.5 |    | 22.0  | 33.00  | 61.00 |     |
| 20C   | Backward Line Up   | 3  | 1.3 | 8.0 | 8.0 | 8.0 | 7.5 | 7.5 |    | 23.5  | 30.55  | 91.55 |     |
| <b>2 Gemma BAYLEY -- St Albans Diving Club</b>      |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 7.0 | 7.0 | 7.5 | 7.5 | 7.0 |    | 21.5  | 25.80  | 25.80 |     |
| 201C  | Back Dive          | 1  | 1.5 | 6.5 | 6.5 | 6.5 | 7.0 | 7.0 |    | 20.0  | 30.00  | 55.80 |     |
| 20C   | Backward Line Up   | 3  | 1.3 | 5.0 | 5.5 | 5.0 | 5.0 | 6.0 |    | 15.5  | 20.15  | 75.95 |     |
| <b>3 Sarah HARDCASTLE -- St Albans Diving Club</b>  |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 7.0 | 6.0 | 6.5 | 6.5 | 6.5 |    | 19.5  | 23.40  | 23.40 |     |
| 201C  | Back Dive          | 1  | 1.5 | 6.0 | 6.0 | 6.5 | 6.0 | 6.0 |    | 18.0  | 27.00  | 50.40 |     |
| 20C   | Backward Line Up   | 3  | 1.3 | 6.5 | 6.0 | 6.5 | 6.5 | 6.0 |    | 19.0  | 24.70  | 75.10 |     |
| <b>4 Stella DIXON -- St Albans Diving Club</b>      |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 6.5 | 6.5 | 7.0 | 7.5 | 6.5 |    | 20.0  | 24.00  | 24.00 |     |
| 401C  | Inward Dive        | 1  | 1.4 | 6.5 | 7.0 | 7.0 | 6.0 | 5.5 |    | 19.5  | 27.30  | 51.30 |     |
| 10C   | Forward Line Up    | 3  | 1.1 | 6.5 | 6.5 | 6.5 | 7.0 | 6.5 |    | 19.5  | 21.45  | 72.75 |     |
| <b>5 Rachel CHESTERTON -- St Albans Diving Club</b> |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 |    | 19.5  | 23.40  | 23.40 |     |
| 201C  | Back Dive          | 1  | 1.5 | 3.5 | 4.5 | 4.5 | 4.5 | 5.5 |    | 13.5  | 20.25  | 43.65 |     |
| 10C   | Forward Line Up    | 3  | 1.1 | 7.0 | 6.0 | 7.0 | 6.5 | 6.5 |    | 20.0  | 22.00  | 65.65 |     |
| <b>6 Zoe ROBERTS -- St Albans Diving Club</b>       |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 3  | 1.4 | 5.0 | 5.0 | 5.0 | 5.5 | 5.5 |    | 15.5  | 21.70  | 21.70 |     |
| 201A  | Back Dive          | 1  | 1.2 | 5.5 | 5.0 | 4.5 | 6.0 | 5.5 |    | 16.0  | 19.20  | 40.90 |     |
| 10C   | Forward Line Up    | 3  | 1.1 | 7.0 | 6.5 | 7.0 | 6.0 | 6.5 |    | 20.0  | 22.00  | 62.90 |     |
| <b>7 Sacha ROBERTS -- St Albans Diving Club</b>     |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 4.5 | 5.0 | 5.0 | 5.0 | 5.0 |    | 15.0  | 18.00  | 18.00 |     |
| 201C  | Back Dive          | 1  | 1.5 | 6.0 | 6.0 | 6.0 | 6.5 | 5.5 |    | 18.0  | 27.00  | 45.00 |     |
| 10B   | Forward Line Up    | 1  | 1.0 | 6.0 | 5.5 | 5.5 | 6.5 | 6.0 |    | 17.5  | 17.50  | 62.50 |     |
| <b>8 Kate GEDYE -- St Albans Diving Club</b>        |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 5.5 | 5.5 | 5.0 | 6.0 | 6.0 |    | 17.0  | 20.40  | 20.40 |     |
| 200A  | Back jump armswing | 1  | 0.9 | 7.0 | 6.0 | 6.5 | 5.5 | 6.0 |    | 18.5  | 16.65  | 37.05 |     |
| 10C   | Forward Line Up    | 3  | 1.1 | 6.5 | 6.5 | 6.5 | 7.0 | 6.0 |    | 19.5  | 21.45  | 58.50 |     |
| <b>9 Zoe GRAY -- St Albans Diving Club</b>          |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 5.0 | 5.0 | 5.5 | 6.0 | 5.5 |    | 16.0  | 19.20  | 19.20 |     |
| 200C  | Back jump armswing | 1  | 1.0 | 6.5 | 6.0 | 6.0 | 7.5 | 6.0 |    | 18.5  | 18.50  | 37.70 |     |
| 10C   | Forward Line Up    | 3  | 1.1 | 5.0 | 5.0 | 5.0 | 5.5 | 5.0 |    | 15.0  | 16.50  | 54.20 |     |
| <b>10= Bethan MCLAREN -- St Albans Diving Club</b>  |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 101C  | Forward Dive       | 1  | 1.2 | 4.5 | 5.0 | 5.0 | 5.0 | 5.0 |    | 15.0  | 18.00  | 18.00 |     |
| 200C  | Back jump armswing | 1  | 1.0 | 5.0 | 5.0 | 5.5 | 6.5 | 5.5 |    | 16.0  | 16.00  | 34.00 |     |
| 10B   | Forward Line Up    | 1  | 1.0 | 5.5 | 5.5 | 5.0 | 5.0 | 5.5 |    | 16.0  | 16.00  | 50.00 |     |
| <b>10= Eloise CULLEY -- St Albans Diving Club</b>   |                    |    |     |     |     |     |     |     |    |       |        |       |     |
| 100C  | Forward Jump       | 1  | 1.0 | 5.5 | 5.0 | 6.5 | 6.5 | 5.5 |    | 17.5  | 17.50  | 17.50 |     |
| 200C  | Back jump armswing | 1  | 1.0 | 5.0 | 5.0 | 5.0 | 6.5 | 5.5 |    | 15.5  | 15.50  | 33.00 |     |
| 10B   | Forward Line Up    | 1  | 1.0 | 5.5 | 6.0 | 6.0 | 5.5 | 5.5 |    | 17.0  | 17.00  | 50.00 |     |

Penalty codes: 1 = Failed dive 2 = Restarted, -2 points 3 = Flight position, max 2 points 4 = Arm position, max 4½ points

| Dive  | Height                         | DD | J1  | J2  | J3  | J4  | J5  | J6  | J7 | Total | Points | Score  | Pen |
|---|--------------------------------|----|-----|-----|-----|-----|-----|-----|----|-------|--------|--------|-----|
| <b>Novice Boys Champion</b>                       |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| <b>1 Yiannis HANSON -- St Albans Diving Club</b>  |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 101C  | Forward Dive                   | 1  | 1.2 | 5.5 | 6.0 | 6.5 | 6.5 | 6.0 |    | 18.5  | 22.20  | 22.20  |     |
| 200C  | Back jump armswing             | 1  | 1.0 | 6.5 | 6.5 | 7.0 | 7.0 | 6.0 |    | 20.0  | 20.00  | 42.20  |     |
| 10C   | Forward Line Up                | 3  | 1.1 | 5.0 | 5.0 | 5.0 | 5.5 | 5.0 |    | 15.0  | 16.50  | 58.70  |     |
| <b>2 Lochlan CROWDER -- St Albans Diving Club</b> |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 100C  | Forward Jump                   | 1  | 1.0 | 6.0 | 6.0 | 6.5 | 7.0 | 6.5 |    | 19.0  | 19.00  | 19.00  |     |
| 200C  | Back jump armswing             | 1  | 1.0 | 5.5 | 6.0 | 6.0 | 6.0 | 6.0 |    | 18.0  | 18.00  | 37.00  |     |
| 10B   | Forward Line Up                | 1  | 1.0 | 6.0 | 5.5 | 6.0 | 6.5 | 6.0 |    | 18.0  | 18.00  | 55.00  |     |
| <b>3 Mark DRAFFAN -- St Albans Diving Club</b>    |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 101C  | Forward Dive                   | 1  | 1.2 | 4.5 | 4.5 | 5.0 | 6.0 | 5.0 |    | 14.5  | 17.40  | 17.40  |     |
| 200C  | Back jump armswing             | 1  | 1.0 | 5.0 | 5.5 | 6.5 | 6.5 | 5.5 |    | 17.5  | 17.50  | 34.90  |     |
| 10B   | Forward Line Up                | 1  | 1.0 | 5.0 | 5.0 | 5.5 | 5.0 | 5.5 |    | 15.5  | 15.50  | 50.40  |     |
| <b>Ladies Champion</b>                            |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| <b>1 Summer SWEENEY -- St Albans Diving Club</b>  |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 103B  | Forward 1½ Somersaults         | 1  | 1.7 | 6.0 | 6.0 | 6.0 | 7.0 | 6.0 |    | 18.0  | 30.60  | 30.60  |     |
| 403C  | Inward 1½ Somersaults          | 1  | 2.2 | 5.5 | 6.0 | 6.0 | 6.5 | 6.5 |    | 18.5  | 40.70  | 71.30  |     |
| 201B  | Back Dive                      | 3  | 1.8 | 5.5 | 5.0 | 5.0 | 5.5 | 5.5 |    | 16.0  | 28.80  | 100.10 |     |
| 105C  | Forward 2½ Somersaults         | 3  | 2.2 | 6.5 | 6.0 | 6.5 | 6.0 | 6.5 |    | 19.0  | 41.80  | 141.90 |     |
| 301C  | Reverse Dive                   | 3  | 1.8 | 3.5 | 4.0 | 3.5 | 3.5 | 4.5 |    | 11.0  | 19.80  | 161.70 |     |
| <b>2 Rosie LUFF -- St Albans Diving Club</b>      |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 103C  | Forward 1½ Somersaults         | 1  | 1.6 | 4.0 | 4.5 | 4.5 | 5.0 | 5.0 |    | 14.0  | 22.40  | 22.40  |     |
| 403C  | Inward 1½ Somersaults          | 3  | 1.9 | 5.5 | 6.0 | 5.5 | 5.5 | 5.5 |    | 16.5  | 31.35  | 53.75  |     |
| 201B  | Back Dive                      | 3  | 1.8 | 5.5 | 5.0 | 6.5 | 5.5 | 5.0 |    | 16.0  | 28.80  | 82.55  |     |
| 301C  | Reverse Dive                   | 3  | 1.8 | 6.0 | 6.0 | 6.5 | 5.0 | 5.5 |    | 17.5  | 31.50  | 114.05 |     |
| 612C  | Armstand Somersault            | 5  | 1.5 | 5.0 | 6.0 | 7.0 | 6.5 | 6.0 |    | 18.5  | 27.75  | 141.80 |     |
| <b>3 Louise POPKIN -- St Albans Diving Club</b>   |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 201C  | Back Dive                      | 1  | 1.5 | 5.0 | 5.5 | 6.0 | 6.0 | 5.0 |    | 16.5  | 24.75  | 24.75  |     |
| 103C  | Forward 1½ Somersaults         | 1  | 1.6 | 5.0 | 5.5 | 5.0 | 4.5 | 5.0 |    | 15.0  | 24.00  | 48.75  |     |
| 301C  | Reverse Dive                   | 1  | 1.6 | 4.0 | 5.5 | 4.5 | 4.5 | 5.0 |    | 14.0  | 22.40  | 71.15  |     |
| 401C  | Inward Dive                    | 1  | 1.4 | 6.0 | 5.5 | 6.5 | 6.5 | 5.5 |    | 18.0  | 25.20  | 96.35  |     |
| 403C  | Inward 1½ Somersaults          | 3  | 1.9 | 5.0 | 5.0 | 4.5 | 5.5 | 5.0 |    | 15.0  | 28.50  | 124.85 |     |
| <b>4 Rebecca WHITE -- St Albans Diving Club</b>   |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 103C  | Forward 1½ Somersaults         | 1  | 1.6 | 5.5 | 6.0 | 5.0 | 6.0 | 5.5 |    | 17.0  | 27.20  | 27.20  |     |
| 402C  | Inward Somersault              | 1  | 1.6 | 4.0 | 4.5 | 4.0 | 5.0 | 4.5 |    | 13.0  | 20.80  | 48.00  |     |
| 202C  | Back Somersault                | 1  | 1.5 | 4.5 | 5.5 | 5.0 | 5.5 | 5.5 |    | 16.0  | 24.00  | 72.00  |     |
| 301C  | Reverse Dive                   | 1  | 1.6 | 5.5 | 5.5 | 6.5 | 5.5 | 5.5 |    | 16.5  | 26.40  | 98.40  |     |
| 401B  | Inward Dive                    | 3  | 1.4 | 5.0 | 5.0 | 4.5 | 5.0 | 5.0 |    | 15.0  | 21.00  | 119.40 |     |
| <b>5 Rebecca WEBBER -- St Albans Diving Club</b>  |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 101B  | Forward Dive                   | 1  | 1.3 | 5.5 | 5.5 | 6.0 | 5.5 | 6.5 |    | 17.0  | 22.10  | 22.10  |     |
| 201C  | Back Dive                      | 3  | 1.7 | 4.0 | 5.0 | 4.0 | 5.0 | 5.0 |    | 14.0  | 23.80  | 45.90  |     |
| 103C  | Forward 1½ Somersaults         | 1  | 1.6 | 6.0 | 5.5 | 5.5 | 6.5 | 5.5 |    | 17.0  | 27.20  | 73.10  |     |
| 401C  | Inward Dive                    | 3  | 1.3 | 4.5 | 5.0 | 5.0 | 5.0 | 4.5 |    | 14.5  | 18.85  | 91.95  |     |
| 612C  | Armstand Somersault            | 5  | 1.5 | 6.5 | 6.0 | 6.0 | 6.0 | 5.0 |    | 18.0  | 27.00  | 118.95 |     |
| <b>6 Molly WELTON -- St Albans Diving Club</b>    |                                |    |     |     |     |     |     |     |    |       |        |        |     |
| 201C  | Back Dive                      | 1  | 1.5 | 6.0 | 5.5 | 5.5 | 6.0 | 6.0 |    | 17.5  | 26.25  | 26.25  |     |
| 5132D   | Forward 1½ Somersaults 1 Twist | 3  | 2.1 | 5.5 | 6.0 | 5.0 | 6.0 | 6.0 |    | 17.5  | 36.75  | 63.00  |     |
| 401B  | Inward Dive                    | 3  | 1.4 | 6.0 | 5.0 | 6.0 | 5.5 | 6.0 |    | 17.5  | 24.50  | 87.50  |     |
| 103C  | Forward 1½ Somersaults         | 5  | 1.6 | 4.5 | 5.5 | 4.5 | 4.5 | 5.5 |    | 14.5  | 23.20  | 110.70 |     |
| 612C  | Armstand Somersault            | 5  | 1.5 | 1.5 | 1.5 | 1.5 | 2.0 | 2.0 |    | 5.0   | 7.50   | 118.20 | 3   |

Penalty codes: 1 = Failed dive 2 = Restarted, -2 points 3 = Flight position, max 2 points 4 = Arm position, max 4½ points

| Dive                 | Height                                      | DD | J1  | J2  | J3  | J4  | J5  | J6  | J7 | Total | Points | Score  | Pen |
|----------------------|---|----|-----|-----|-----|-----|-----|-----|----|-------|--------|--------|-----|
| <b>Mens Champion</b> |   |    |     |     |     |     |     |     |    |       |        |        |     |
| <b>1</b>             | <b>Ben PAGE -- St Albans Diving Club</b>    |    |     |     |     |     |     |     |    |       |        |        |     |
| 103B                 | Forward 1½ Somersaults                      | 5  | 1.7 | 6.5 | 6.5 | 5.5 | 6.0 | 6.0 |    | 18.5  | 31.45  | 31.45  |     |
| 401B                 | Inward Dive                                 | 5  | 1.5 | 7.0 | 6.5 | 7.0 | 7.0 | 7.0 |    | 21.0  | 31.50  | 62.95  |     |
| 403C                 | Inward 1½ Somersaults                       | 5  | 2.2 | 6.0 | 6.0 | 5.0 | 6.0 | 5.5 |    | 17.5  | 38.50  | 101.45 |     |
| 201C                 | Back Dive                                   | 3  | 1.7 | 7.0 | 6.0 | 6.5 | 6.5 | 5.5 |    | 19.0  | 32.30  | 133.75 |     |
| 105C                 | Forward 2½ Somersaults                      | 3  | 2.2 | 5.0 | 5.0 | 4.0 | 5.0 | 5.0 |    | 15.0  | 33.00  | 166.75 |     |
| <b>2</b>             | <b>Ben DUGDALE -- St Albans Diving Club</b> |    |     |     |     |     |     |     |    |       |        |        |     |
| 103B                 | Forward 1½ Somersaults                      | 5  | 1.7 | 6.5 | 5.5 | 5.5 | 5.5 | 5.5 |    | 16.5  | 28.05  | 28.05  |     |
| 203C                 | Back 1½ Somersaults                         | 3  | 1.9 | 3.5 | 4.5 | 3.5 | 4.0 | 4.0 |    | 11.5  | 21.85  | 49.90  |     |
| 403C                 | Inward 1½ Somersaults                       | 3  | 1.9 | 5.5 | 5.0 | 5.0 | 5.0 | 5.5 |    | 15.5  | 29.45  | 79.35  |     |
| 105C                 | Forward 2½ Somersaults                      | 3  | 2.2 | 4.5 | 4.0 | 4.0 | 4.5 | 4.0 |    | 12.5  | 27.50  | 106.85 |     |
| 402C                 | Inward Somersault                           | 1  | 1.6 | 6.0 | 5.5 | 5.5 | 6.0 | 5.0 |    | 17.0  | 27.20  | 134.05 |     |

Penalty codes: 1 = Failed dive 2 = Restarted, -2 points 3 = Flight position, max 2 points 4 = Arm position, max 4½ points